

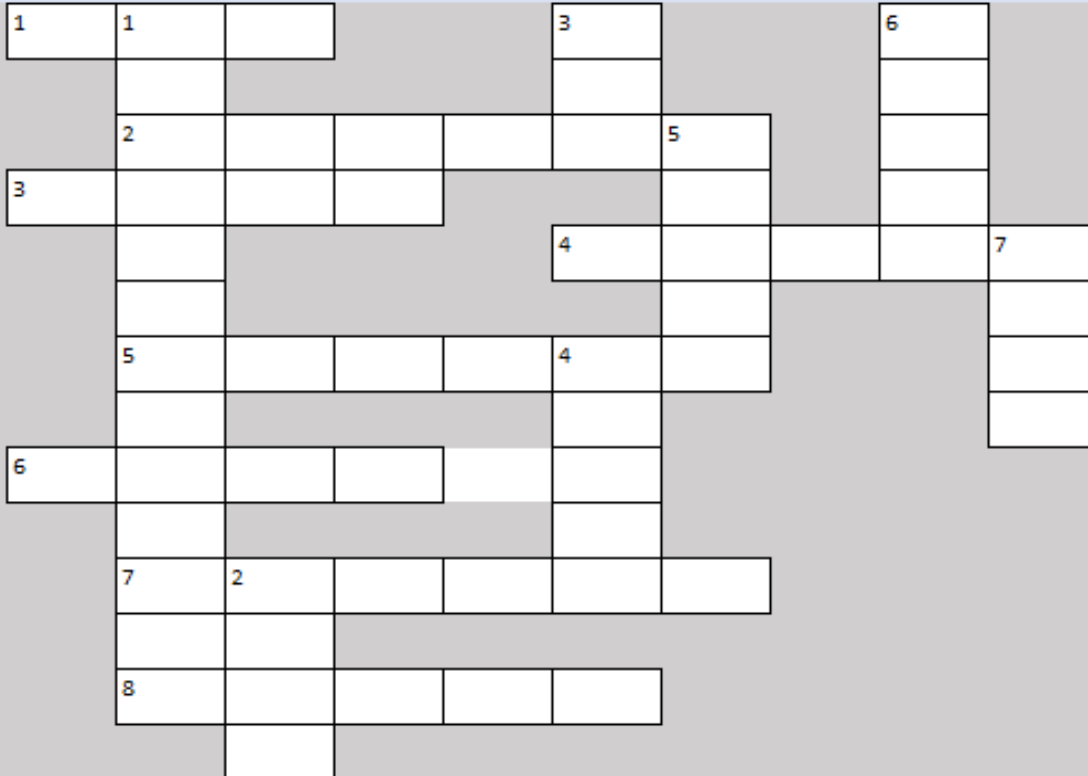


# Toe Pick Talk



**SNHSC TEST SESSION!**  
 Tuesday, August 22, 2023: **Moves in the Field and Freestyle Tests!**  
 9:30am – 10:00am > Practice Ice  
 10:00 a.m. – 12:30 p.m. > Test Session  
**Register Online! [www.snhsc.com](http://www.snhsc.com)**

### SNHSC CROSS WORD PUZZLE



### Come Join the "Can Do" Crew

*Have an hour a month to volunteer for SNHSC? We are forming a committee of 8 – 10 parent volunteers who can lend a hand when called upon for myriad SNHSC tasks (e.g.: printing copies, typing, working at the check-in table, making phone calls, sending emails ... the list is endless!). Leave your name and number at the registration table and become part of the "Can Do" Crew!*

#### ACROSS

#### DOWN

1	Ice rink where the annual SNHSC skating show takes place.	1	SNHSC promotes the sport of ____ (two words)
2	Protects skate blades	2	Good ____ strength is essential for skating
3	Skating move where the skater spins in the air	3	Helps cushion a fall
4	First name of skater banned from US Figure Skating	4	Used to glide on the ice
5	Tool used to create circular figure patterns on the ice (looks like a very large protractor)	5	Equipment worn on a skater's foot
6	Returning to the ice after a jump	6	1968 Ladies Olympic Gold Medalist (first name)
7	Ice rink in Hooksett (two words)	7	A jump consisting of a forward take off position and 1.5 rotations
8	It's helpful to exhibit style and ____ on the ice		

# SOUTHERN NEW HAMPSHIRE SKATING CLUB

## SUMMER ICE SCHEDULE Ice Den Arena

Summer Ice: July & August 2023	
Wednesdays	6:10 – 6:40 p.m.: Learn to Skate 6:40 – 6:55 p.m.: Practice Ice 6:55 – 8:40 p.m.: Freestyle
Thursdays	6:10 – 6:40 p.m.: FUNdamentals & FoUNDations 6:10 – 6:40 p.m.: Open Practice Ice (shared with F&F) 6:40 – 8:10 p.m.: Freestyle
Fridays	5:50 – 6:50p.m.: Freestyle
Saturdays	8:00 - 9:40 a.m.: Freestyle 9:40 – 10:10 a.m.: Dance 10:10 - 10:30 a.m.: High & Low Test Power & Edge 10:30 - 11:00 a.m.: Learn to Skate 11:00 - 11:15 a.m.: Practice Ice

Saturdays  
are Club  
Days!!!

Updated as of July 12, 2023

SNHSC CROSS WORD PUZZLE									
<sup>1</sup> J	<sup>1</sup> F	K				<sup>3</sup> P			<sup>6</sup> P
	I					A			E
	<sup>2</sup> G	A	U	R	D	<sup>5</sup> S			G
<sup>3</sup> J	U	M	P				K		G
	R					<sup>4</sup> T	A	N	Y
	E						T		<sup>7</sup> A
	<sup>5</sup> S	C	R	I	<sup>4</sup> B	E			X
	K				L				L
<sup>6</sup> L	A	N	D		A				E
	T				D				
	<sup>7</sup> I	<sup>2</sup> C	E	D	E	N			
	N	O							
	<sup>8</sup> G	R	A	C	E				
		E							

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Cross Word  
Answer Key