

# Southern N.H. Skating Club

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P.O. Box 4478, Manchester, New Hampshire 03108  
Visit us on-line [www.snhsc.com](http://www.snhsc.com) / Voice Mail 603.485.6144

## **Spring 2010 Learn to Skate Session - Ice Den Hooksett, NH** **5 weeks**

This spring the Southern New Hampshire Skating Club is again offering a Learn to Skate Program and Tots Learn to Skate Program. This clinic will be comprised of one clinic session held for **5 weeks** at the Ice Den in Hooksett NH beginning **Sunday April 25 to May 23, 2010.**

**The Learn to Skate Clinic will run from 10:45am-11:15am with practice ice from 11:15-11:30am.** Groups will be organized in a fashion that will best meet the needs of the skater(s) and the number of coaches available to teach. All our instructors are SNHSC professionals or qualified trained clinic assistants. These assistants are accomplished skaters who belong to our club and have had prior experience teaching the skills in the learn-to-skate program. Instructors may teach multiple levels depending on enrollment. **The SNHSC reserves the right to change the way the ice is utilized depending on the number of applications received.** You will be notified **only** if we need to change the above group scheduling.

Although special requests will be considered, the group/coach your skater is assigned will be determined by the number of applications received by the registration deadline, your skater's level, and the availability of coaches. We reserve the right to combine or cancel levels based on enrollment. We regret that we are unable to offer make-up sessions for missed classes.

Due to the popularity of our programs and limited space, all applications must be completed and returned with the registration. **APPLICATIONS MUST BE POSTMARKED NO LATER THAN THE DEADLINE PRINTED ON THE APPLICATION TO BE CONSIDERED.** There will be a **\$20.00 service charge for all returned checks.** Any applications received after the deadline will be processed only if space remains available. All fees are non-refundable. *The deadline for the application is April 19, 2010. Any application postmarked after April 19 will be charged a \$15.00 late fee.*

### **IMPORTANT CLINIC RULES**

1. All skaters should arrive at the rink 10-15 minutes earlier than their scheduled time to skate. This will allow time for them to put on their skates and enter onto the ice exactly on time.
2. Skaters should plan to dress warmly. Layered clothing is usually best. Hats and gloves may be worn as long as they are not so bulky that they inhibit the skater. Jeans should not be worn since they are too restrictive.
3. To ensure the safety of our skaters, our governing body, **the USFS, now REQUIRES that all skaters 7 years of age and under must wear ice-approved helmets. Additionally, the SNHSC strongly recommends helmets for all skaters 7 years of age and for all Basic 1 skaters (regardless of age).**
4. If you need to speak to your child's instructor please do so after all sessions have been completed or before all sessions begin. It is very important that instructors stay with their groups and pay as much attention to the group they are working with as they did with your child's group. If you have a question or concern regarding your child's group lesson or how the instructor is conducting lessons, you should first try to talk directly to the instructor. In the manner as you would talk to his/her classroom teacher before contacting the principal. If you are having difficulty contacting the instructor or feel the instructor has not dealt with your concern, then please speak to the clinic director who will help relay your message.
5. **Parents will NOT be allowed on the ice with their skater.**

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## Spring 2010 Basic Skills Learn to Skate Session Ice Den Hooksett NH – 5 weeks

programs begin Sunday April 25 to May 23, 2010

**Instructions:**

- Complete a separate application form for each child.
- Skaters must be 2.9 years old by Oct 1, 2008.
- Session fees must be paid in full with a completed application. There will be a \$20.00 service charge for all returned checks. All fees are non-refundable
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| Due   | April 19 2010 |  |  |       | Program fee | amount due |  |
|---|---------------|--|--|-------|-------------|------------|--|
| Saturday Basic Skills Learn to Skate 5 weeks  |               |  |  |       |             | \$80.00    |  |
| <b>Required 2009-2010 Registration Fee.</b> This fee is waived for SNHSC Home Club members or if you paid this fee in the Fall 2009 and Winter 2010 sessions.   |               |  |  |       |             | \$20.00    |  |
| Family Plan: First paid family application is full price and any subsequent application is \$10.00 off if paid before deadline  |               |  |  |       |             |            |  |
| Late Fees: Any application postmarked after the April 19, 2010 deadline will be required to pay a \$15.00 late fee  |               |  |  |       |             | \$15.00    |  |
| Amount Paid   |               |  |  |       |             |            |  |
| Skater's Name   |               |  |  |       |             | USFS#      |  |
| Parent/Guardian's name (please print)   |               |  |  |       |             |            |  |
| Street address  |               |  |  |       |             |            |  |
| City/Town   |               |  |  | State |             | Zip code   |  |
| date of birth   |               |  |  | age   |             | gender M F |  |
| Home phone#   |               |  |  | Cell# |             | work#      |  |
| Email address   |               |  |  |       |             |            |  |
| Has the skater participated in a USFS Basic Skills Program before? Yes _____ No _____   |               |  |  |       |             |            |  |
| <input type="checkbox"/> If yes, note experience or last badge passed. _____  |               |  |  |       |             |            |  |
| <input type="checkbox"/> Is there any MEDICAL information we should know about your skater?   |               |  |  |       |             |            |  |
| Name of School your child attends   |               |  |  |       |             |            |  |
| The Southern New Hampshire Skating Club, it's Officers and Representatives accept no responsibility for damage or injuries suffered by skaters, officials, or spectators, during an event sponsored by the Southern New Hampshire Skating Club. |               |  |  |       |             |            |  |
| PARENT/GUARDIAN SIGNATURE: _____  |               |  |  |       |             |            |  |
| ****You are also required to sign and submit the Parent Code of Conduct on the following page.  |               |  |  |       |             |            |  |
| Return the application form to the following address with a check made payable to the SNHSC. Keep the cover sheet for your records.   |               |  |  |       |             |            |  |

SNHSC –Spring Programs  
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 Manchester, NH 03108

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## **U.S. Figure Skating Parents Code of Conduct**

*Codes of Conduct give everyone a guide to what is expected of us if we are part of an organization, participating in a sport, or as spectators at our child's events.*

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord)

By signing below I hereby agree that:

1. I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
2. I will place the emotional and physical well being of my child ahead of my personal desire to win.
3. I will encourage my child to skate in a safe and healthy environment.
4. I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
6. I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
7. I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction not mine.
8. I will ask my child to treat other skaters, coaches, fans, and officials with respect, regardless of race, creed, color, sexual orientation or ability.
9. I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
10. I will teach my child to resolve conflicts without resorting to hostility or violence.
11. I will be a positive role model for my child and other skaters.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug proscribed by applicable federal, state, or municipal law.
13. I will not assist or condone any competing athlete's use of a drug banned by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will not provide alcohol to, or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members, or at U.S. Figure Skating activities or, in the case of athletes, consume alcoholic beverages while a minor.
15. I will encourage my child's coach to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and their decisions and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategies.
17. I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
18. I will show appreciation and recognize the importance of volunteers and club officials.
19. I will study the rules of the U.S. Figure Skating and teach my child accordingly so that we have an understanding and appreciation of the rules of competition and membership.
20. I will support all the opponents in my child's competition and respect the rights of all skaters to participate.

Signature \_\_\_\_\_

Date \_\_\_\_\_